

# FACILITATOR'S REMINDERS

Greet participants, introduce yourself and warmly welcome them to the group.

1. Reminders to participants:

- a. Follow the Ground rules
- b. Focus on your own experience.
- c. Be a *deep listener* to others' experience
- d. Speak from the heart

2. Don't monopolize conversations—let's get everyone's input

3. No arguing, please. We each speak our own truths.

4. Remind them that we are asking them to comply with a 2-minute talk time rule (and do it civilly).

5. Select a note-taker if you don't have a co-facilitator