

**DESCRIBE A TIME WHEN  
OPPRESSIVE COMMENTS  
OR ACTIONS WERE  
DIRECTED TOWARD YOU  
(BASED ON ANY ASPECT OF YOUR  
IDENTITY)**

**DESCRIBE A TIME WHEN  
YOU WERE THE  
PERPETRATOR OF AN  
OPPRESSIVE ACT OR  
COMMENTS**

**DESCRIBE A TIME WHEN  
YOU WITNESSED AN ACT OF  
OPPRESSION AND DID  
NOTHING ABOUT IT**

**DESCRIBE A TIME WHEN  
YOU WITNESSED AN ACT OF  
OPPRESSION AND  
INTERVENED**